

**EFFECTS OF YOGA AEROBIC AND COMBINED TRAINING ON  
SELECTED LIVER PROFILE CORTISOL AND THYROID  
PROFILE AMONG OBESE SCHOOL GIRLS**

*Dissertation submitted to the Tamil Nadu Physical Education and Sports  
University, Chennai for the fulfillment of the requirements  
for the award of degree of*

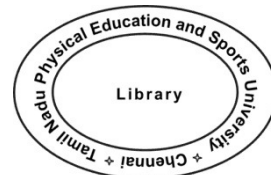
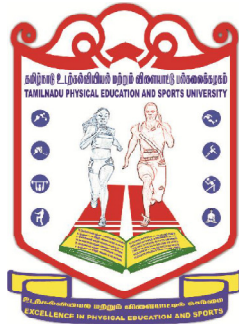
**DOCTOR OF PHILOSOPHY  
IN  
PHYSICAL EDUCATION**

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**APRIL - 2015**